



# IMPRESSIONS DENTAL CG

## AT HOME WHITENING

Impressions Dental offers “At Home Whitening” kits as one option for teeth whitening. This whitening involves coming to our office to have custom trays made just for you. At one appointment, impressions will be taken and, within 48 hours, trays are made and are available for pickup. At the second appointment, the trays are delivered and the patient may choose either our Nite White or Day White whitening gel.

Nite White has an active ingredient of 22% carbamide peroxide. The gel is inserted into the trays and the recommended wear time is 1 hour each day. There is enough gel in each kit to use for 12 applications.

Day White has an active ingredient of 9.5% hydrogen peroxide. The gel is inserted into the trays and the recommended wear time is 30 minutes twice daily. There is enough gel in each kit to use for 12 applications.

With either of the bleaching products, you will see a gradual improvement in the shade of your teeth. The final results are achieved in approximately two weeks. Both products are the only professional whiteners with patented Amorphous Calcium Phosphate (ACP), which is clinically proved to rebuild tooth enamel during the whitening process – leaving your teeth whiter, smoother and glossier!

Should you encounter any sensitivity while whitening, simply call us and request a Fluoridex (1.1% sodium fluoride) Toothpaste prescription. Fluoridex Toothpaste has five times the active ingredient of over-the-counter toothpastes to help fight sensitivity.

Many patients then re-use their trays for future whitening applications.