



# 2nd Annual Vista Grande High School 5k Run/Walk

Sponsored by:

## Saturday, February 26<sup>th</sup>, 2011 8:00am Start Time



In conjunction with; Bella Viso Salon, The Home Depot, Arizona Creative, Discount Tire, N & D Designs, and Las Brisas Apartments

Come Run or Walk the **2nd Annual Vista Grande High School 5k Run/ Walk** and support the Vista Grande Cross Country team, and their effort to involve fellow classmates, district employees, citizens of Casa Grande, and the surrounding communities.

Join us in a community 3.1mile tribute to a healthier lifestyle!

**Start Time:** 8:00 am

**Venue:** Vista Grande High School 1556 N Arizola Rd., Casa Grande Arizona 85122

**Registration:** Forms available online, or you can pick -up & drop off registration forms prior to Feb. 25<sup>th</sup> at:

**Impressions Dental CG**

442 W. Kortsen Rd. Suite 104  
Main - (520)374-2400

**www.ImpressDentalCG.com**

Casa Grande, AZ 85122  
Fax - (520)374-2500

**Deadlines & Fees:** Early Registration until Friday 2/25/2011 at 4pm

- \*CGUHSD students \$5.00 (ID required)
- \*General Public \$20.00
- \*Buddy discount \$30.00 (must sign-up and pay together)
- \*Seniors \$12.00
- \*Children 12 under are free

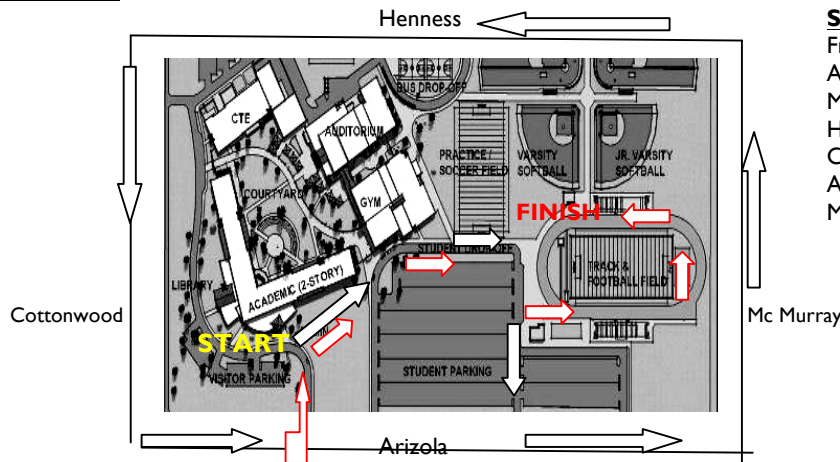
**Packet Pickup:** All racers to pick up racing packet on Friday, February 25<sup>th</sup> from 4-6 pm at Impressions Dental CG (see address above)

*Entry Fee includes an End of Race Raffle ticket and T-shirts are only guaranteed to the first 175 registered participants.*

**Late/Same Day Registration:** Friday 2/25/2011 from 4-6pm at Impressions Dental CG or from 7-7:30am on the day of the race at the High School. No registrations will be accepted after 7:30am on race day.

Late/Same Day Registration Fee for all runners will be \$25.00 (no discounts apply)

### Race Course:



**START:** Main Office of VGHS- Around Student Parking lot  
From around student parking, left onto Arizola  
Arizola left onto McMurray  
Mc Murray left onto Henness  
Henness left onto Cottonwood  
Cottonwood left onto Arizola  
Arizola left towards VG Main Office  
Main office around student parking onto TRACK **FINISH**

\*Event & Spectator parking in the Student Parking lot.

### Post Race Awards & Highlights:

Finishers T-shirt guaranteed to the first 175 registered participants.

All race participants receive a raffle ticket and refreshments at the FINISH.

Also available will be Vista Grande High School clubs', sports, booster sales and concession for family & spectators.

Vista Grande student finishers may also receive an additional finisher's award!

**ACKNOWLEDGEMENT OF RISK, RELEASE OF LIABILITY AND AGREEMENT WAIVER**

In consideration of being allowed to participate in the 1st Annual Vista Grande 5k Run/Walk and related events and activities, the undersigned appreciates, acknowledges and agrees that: 1. there are risks of injury from participating in the activities involved in this program of events, including the potential for paralysis, disability or even death. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS (known or unknown, present or future, direct or consequential, and whether physical, psychological, social, economic or otherwise, and including all treatment, hospitalization and other care rendered to me in the event of my illness, injury or emergent circumstances in connection with my participation in this program of events), EVEN IF ARISING FROM NEGLIGENCE OF THE RELEASEES or others, and I assume till responsibility for my participation and all such risks. 2. I willingly agree to comply with the stated and customary terms and conditions for participation in this program of events. If I observe any unusual significant hazard during my participation, I will remove myself from participation and immediately bring such to the attention of the nearest official. 3. I, for myself and on behalf of my heirs, assigns, personal representative and next of kin, HEREBY RELEASE AND HOLD HARMLESS the 1st annual vista Grande 5k run/walk, their directors, officers, employees, officials, committee members, volunteers and agents, the city of Casa Grande, Pinal County, other participants, organizing and sponsoring agencies, sponsors and advertisers, and, if applicable, owners and lessors of premises used to conduct the program of Events ("Releases"), WITH RESPECT TO ANY AND ALL INJURY, PARALYSIS, DISABILITY OR DEATH, And all liabilities, losses, damages, claims and causes of action (including attorneys fees) of any nature, incurred, suffered or associated with my participation in this program of events, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE. 4. I give my permission to the event organizers for the free use of my name, likeness and/or pictures for use in broadcasts, telecasts, newspaper, etc., for the promotion of this program of events. 5. I will follow and abide by the rules, policies and code of conduct of 1st Annual Vista Grande 5k Run/Walk.

**I HAVE READ THIS ASSUMPTION OF RISK, WAIVER AND RELEASE AGREEMENT, FULLY UNDERSTAND ITS TERMS AND SIGN IT VOLUNTARILY WITHOUT ANY INDUCEMENT.**

Please read waiver and sign here:

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**FOR PARTICIPANTS UNDER AGE 18 AT TIME OF REGISTRATION**

I, as parent/guardian with legal responsibility for this participant, consent and agree to his/her assumption of risk, waiver and release as provided above, and for myself, my heirs, assigns and next of kin, release and agree to indemnify the Releases from any and all liabilities, losses, damages, claims and causes of action (including attorneys fees) incident to my minor child's involvement or participation in the events as provided above, even if arising from the negligence of Releases. I understand every effort will be made to contact me in the event of an emergency requiring medical attention for my child. However, if I cannot be reached, I authorize the 1st Annual Vista Grande 5k Run/Walk and their personnel, to call an ambulance or transport my child to the nearest medical care facility and secure emergency medical treatment, including hospitalization, injections, anesthesia or surgery.

\_\_\_\_\_  
Parent/Guardian Signature/Relationship

\_\_\_\_\_  
Parent/Guardian Printed Name

\_\_\_\_\_  
Date

**In the event of injury, medical costs must be paid by the athlete. Entry will not be accepted unless release and waiver are signed.**

If RUNNING for an X-COUNTRY ATHLETE...please indicate Name: \_\_\_\_\_

Full Name: \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age: \_\_\_\_\_

High School: \_\_\_\_\_ I.D. Number: \_\_\_\_\_

\*Buddy Name: \_\_\_\_\_ (identify Name on each others forms)

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

Telephone/Cell phone: (\_\_\_\_\_) \_\_\_\_\_ Email: \_\_\_\_\_

Circle Sex & Age Category		Male	Female
12 & Under	13-18	19-25	26-35
56-65	66-75	76+	36-45
			46-55

<b>T-Shirt Size</b>
Adult Small
Adult Medium
Adult Large
Adult XL
Adult XXL
<b>T-Shirts &amp; Sizes LIMITED to First 175 Registrations</b>

**Payment Information (Check One)**

CGUHSD students \$5.00 (I.D. required)

General Public \$20.00

Buddy discount \$30.00 (\*must sign-up and pay together)

Children 12 under free

Senior Discount \$12.00

**SAME DAY Reg. FOR ALL 2-26-11 \$25.00**

Checks Payable, Packet / Reg. form Pick-up and Payment before race day to:  
**Impressions Dental CG**

**REG (BIB) #:** \_\_\_\_\_  
Official Use